

# Parent & Child Activity Calendar

## Elementary School

Clovis Unified School District



THE PARENT INSTITUTE®

September • October • November 2017

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 2017</b>					<b>1</b> A planning calendar can help your child stay organized this school year. Buy or make one with him.	<b>2</b> Have a “goodbye to summer” picnic today. Talk with your child about the great times you had together over the summer.
<b>3</b> Write upcoming school events on your family calendar. Make plans to attend as many as you can.	<b>4</b> A good breakfast helps kids learn. Be sure your child starts the day with a healthy breakfast at home or at school.	<b>5</b> Talk to your child about peer group pressure. Practice ways to say <i>no</i> to drugs and alcohol.	<b>6</b> Write your child’s name vertically. Have her use each letter in her name to begin a line of a poem.	<b>7</b> September is Library Card Month. Make sure everyone in your family has a library card.	<b>8</b> Turn off the TV this evening! Plan on reading or playing games instead.	<b>9</b> Have your child set a weekly goal. Write it down. Could you do this, too?
<b>10</b> Make sure you and your child know school rules. Ask for a list of rules and post them on your refrigerator.	<b>11</b> Have your child write a letter to a friend or relative about the beginning of his school year.	<b>12</b> Watch the news together. Help your child use a world map to locate one place that was mentioned.	<b>13</b> Think about the rules you have for your child. Are they appropriate for his age? If not, make some adjustments.	<b>14</b> Keep a basket as a home base for library books. You’ll save money on overdue fines!	<b>15</b> As a treat, let your child stay up 30 minutes past his regular bedtime to read in bed.	<b>16</b> Give family members some marshmallows and toothpicks. See who can build the tallest tower.
<b>17</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>18</b> Look over your child’s homework. Give some compliments and some helpful criticism.	<b>19</b> Challenge your child to do a secret good deed for a friend or neighbor.	<b>20</b> Look through some help wanted ads with your child. What jobs look interesting to her?	<b>21</b> Discuss a few of the weather changes that take place in the fall. (Days are colder and shorter.)	<b>22</b> Play board or card games as a family tonight.	<b>23</b> Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.
<b>24</b> Have each family member write a funny sentence. Put them together to make a story.	<b>25</b> Help your child find his best time to do homework. Some kids do best right after school; others do best after dinner.	<b>26</b> If you haven’t met your child’s teacher yet, plan to do so. Talk about your visit with your child.	<b>27</b> Talk with your child about why students who do homework earn better grades.	<b>28</b> Ask your child to calculate the average age of family members. Add up ages, then divide by number of family members.	<b>29</b> Have dinner by candlelight tonight.	<b>30</b> Visit the library with your child. Check out a book about science.

# Activity Calendar

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<b>1</b> Plan to get some exercise with your child every day this month.	<b>2</b> Try a geography challenge with your family. Name a state, province or country. Who can call out the capital first?	<b>3</b> Praise your child for something she did today. Make your praise as specific as possible.	<b>4</b> Have a word of the day. Challenge each family member to use it in a sentence. Make this a daily habit.	<b>5</b> At dinner tonight, talk about three ways you used math today. Ask everyone in the family to talk about how they used math.	<b>6</b> Together, find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.	<b>7</b> Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.
<b>8</b> Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	<b>9</b> Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	<b>10</b> Have a contest: How many words can you and your child make from the letters in OCTOBER?	<b>11</b> Have your child close her eyes and tell you everything she hears.	<b>12</b> At dinner, talk about the best and the worst parts of your day. Everyone in the family gets a turn to talk.	<b>13</b> Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	<b>14</b> Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.
<b>15</b> Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	<b>16</b> Keep a stash of books in your car so your child has something to read when you are on the go.	<b>17</b> With your child, learn to say <i>bello</i> in two other languages.	<b>18</b> Have a contest: Who can name the most parts of the body? (Organs count, too.)	<b>19</b> Name a city, state or river and challenge your child to find it on a map or globe.	<b>20</b> List three of your child's successes this week. List three of your own. Post the lists where you can both see them.	<b>21</b> Set aside some time to spend one-on-one with your child today.
<b>22</b> Make up a secret code with your child. Use it to write notes this week.	<b>23</b> Encourage your child to be a gracious winner and a good loser.	<b>24</b> Have your child rub two stones together for 30 seconds. Can she feel the heat generated? This is caused by friction.	<b>25</b> Start a sentence-a-day story. In a special notebook, have your child write a story by adding one sentence each day.	<b>26</b> Let your child plan dinner tonight. How many food groups can he include?	<b>27</b> It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	<b>28</b> Read a book that you and your child can both enjoy.
<b>29</b> Have your child predict the results of flipping a coin 10 times. Try it and see if she's right.	<b>30</b> Play a game of Concentration. Fractions with the same value make a pair, like 1/2 and 2/4.	<b>31</b> Ask your child to name something he has done in his life that he is proud of.	<h1>October 2017</h1>			

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<h1>November 2017</h1>						
<b>5</b> Does your child know whom to call in an emergency? Make a list to post on your refrigerator. Practice what to say.	<b>6</b> Talk with your child about mistakes. How can people learn from their mistakes?	<b>7</b> Help your child make her own dictionary with spelling or vocabulary words.	<b>8</b> When you watch TV, ask your child questions: "Was what that person did a good idea?" "What would you have done?"	<b>9</b> Put various objects on a tray. Have your child look at the items, then close his eyes and name as many as he can remember.	<b>10</b> Have a music-sharing night. Share your favorite music with each other. Talk about how it makes you feel.	<b>11</b> Collect leaves, bark, sticks and branches with your child. Challenge her to make a tree by gluing the items to paper.
<b>12</b> Make up trivia questions about your family. Quiz one another at the dinner table tonight.	<b>13</b> Talk with your child about ways to handle stress. Exercising and talking to someone are two effective remedies.	<b>14</b> Show your child pictures of three different people and ask him to make up a story about each person.	<b>15</b> Set aside time every day for reading aloud. Have your child read to you, too.	<b>16</b> At dinner, have each family member say something nice about every person at the table.	<b>17</b> Do a crossword puzzle with your child. It's a great way to learn new words.	<b>18</b> Have your child write directions for making a sandwich. Then follow them exactly. How did it turn out?
<b>19</b> Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	<b>20</b> Write a note to your child and tuck it where she will find it later.	<b>21</b> Make an effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	<b>22</b> Make a list of all the things that make your family members thankful.	<b>23</b> Tell your child some family stories as you show him family pictures. See if he can identify any of the people.	<b>24</b> At the grocery store, have your child compare two sizes of the same product. Which is the best buy?	<b>25</b> Find a kid-friendly recipe. Help your child make that dish today.
<b>26</b> Create a word search by hiding words in a grid and surrounding them with random letters. Let your child find the words.	<b>27</b> Does your child know your state bird? If not, help her look it up.	<b>28</b> If your child could be any famous person from history, who would he be? Why?	<b>29</b> Ask your child to pretend she's the mayor. What three things would she do to make your community a better place?	<b>30</b> It's the birthday of Mark Twain. Read one of his short stories with your child.		